

**Dengue, Zika and Chikungunya** are viral diseases transmitted by the bite of the mosquitos *Aedes aegypti* and *Aedes albopictus*.

### Transmission

These diseases are transmitted when a mosquito bites an infected person and then a healthy person.

Zika can also be transmitted by sexual activity.

### IMPORTANT



These diseases can be confused with a flu; however, **the patient does not have a cold, a cough, or a sore throat.**

### Who we are

Mundo Sano is a family foundation created with the **goal of transforming the reality of people affected by neglected diseases**, including mosquito-borne diseases, such as Dengue, Zika and Chikungunya.

### What we do

We work in Prevention, Research, Diagnosis and Treatment, Professional education and Training, Volunteering and Awareness Raising actions.

### Where we do

We have offices in Argentina, Spain and Ethiopia.



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# MOSQUITO

BORNE DISEASES

## DENGUE, ZIKA, CHIKUNGUNYA



Mundo Sano

## The mosquito

*Aedes aegypti* is black with white stripes on the body and legs.



It usually bites during daytime hours, although it may also have nocturnal activity.

It reproduces through eggs that lays in containers and on surfaces where water accumulates.



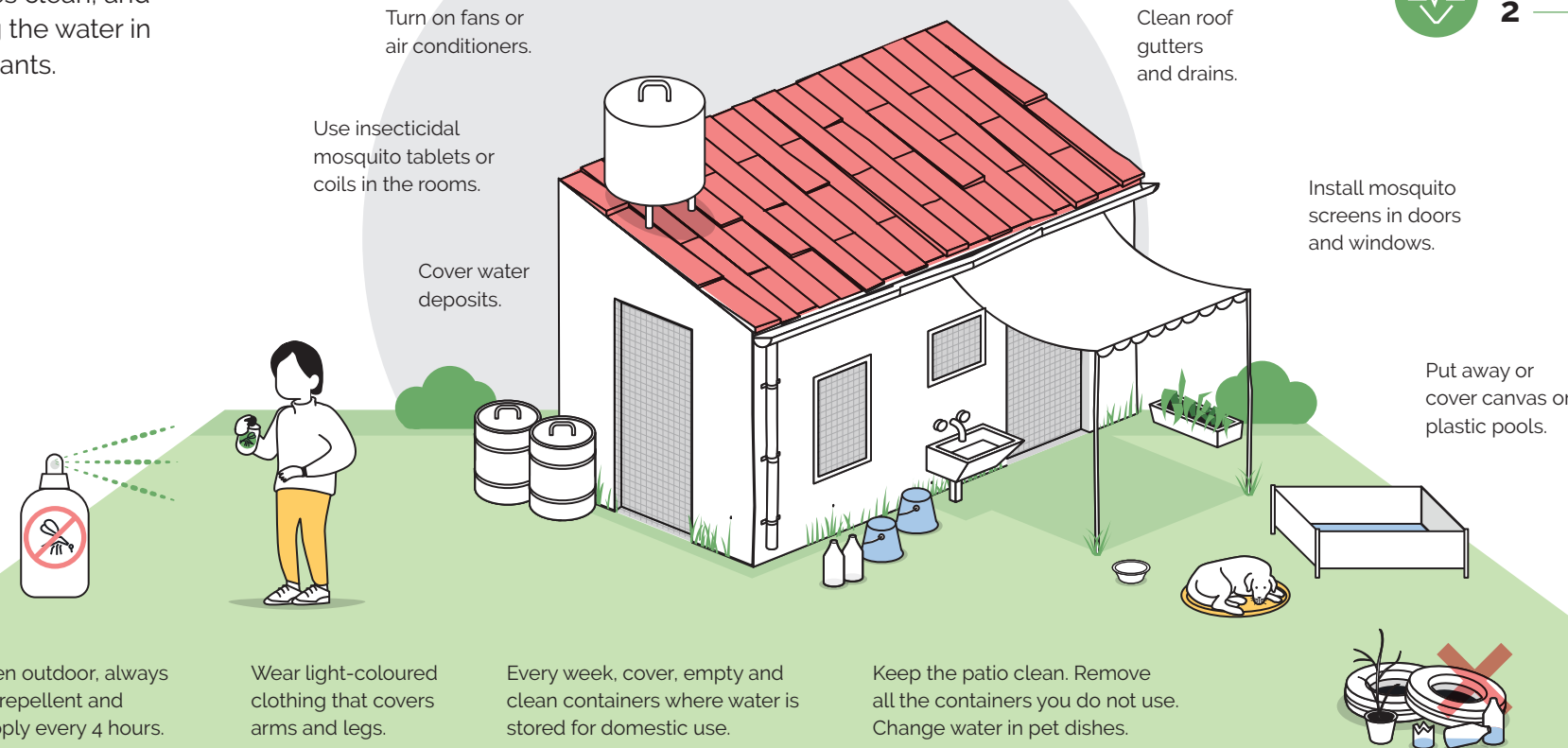
It does not lay eggs in ponds, lagoons, wetlands, ditches, rivers or streams.

*Aedes aegypti* is an urban and domestic mosquito, very well adapted to the human habitat.

We recommend keeping balconies and terraces clean, and periodically changing the water in vases and jars with plants.

## Prevention

Keep the houses and patios clean and tidy to avoid the availability of mosquito breeding sites.



Turn on fans or air conditioners.

Clean roof gutters and drains.

Use insecticidal mosquito tablets or coils in the rooms.

Install mosquito screens in doors and windows.

Cover water deposits.

Put away or cover canvas or plastic pools.

When outdoor, always use repellent and reapply every 4 hours.

Wear light-coloured clothing that covers arms and legs.

Every week, cover, empty and clean containers where water is stored for domestic use.

Keep the patio clean. Remove all the containers you do not use. Change water in pet dishes.



Incubation days

3 → 12



Days with symptoms

2 → 10

## Symptoms

The three diseases have symptoms in common:



Fever



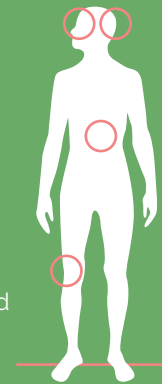
Headache



Muscle and joint pain



General malaise



### IMPORTANT!

If you have any of these symptoms, do not self-medicate; you must consult the doctor.

