

1 PHARMACOKINETICS OF BENZNIDAZOLE IN CHAGAS DISEASE: A
2 SYSTEMATIC REVIEW AND META-ANALYSIS
3

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24 Acknowledgments: This study was funded by Exeltis. Dr. MO Wiens is supported by a fellowship from Mitacs.

25 Abstract

26 Background

27 Chagas disease is a neglected parasitic illness affecting approximately 8 million people,
28 predominantly in Latin America. Benznidazole is the drug of choice for treatment, although
29 availability has been limited. A paucity of knowledge of the pharmacokinetic properties of
30 this drug have contributed to limited availability in several jurisdictions.

31 Objective

32 To conduct systematic literature review and Bayesian meta-analysis of pharmacokinetic
33 studies to improve estimates of basic pharmacokinetic properties of benznidazole.

34 Methods

35 A systematic search of Embase, Medline, LILACS and Scielo was conducted. Eligible studies
36 reported patient-level data from single 100mg dose pharmacokinetic evaluations of
37 benznidazole in adults, or otherwise provided data relevant to the estimation of
38 pharmacokinetic parameters which could be derived from such studies. A Bayesian
39 hierarchical model was used for analysis. The use of secondary data (i.e. studies that did
40 not include patient level, single 100mg dose data) was used for the generation of empiric
41 priors for the Bayesian analysis.

42 Results

43 The systematic search identified nine studies for inclusion. Nine pharmacokinetic
44 parameters were estimated including AUC, Cmax, Tmax, elimination (Kelim) and
45 absorption (Ka) rate constants, absorption and elimination half-life, apparent oral
46 clearance and apparent oral volume of distribution. The results showed consistency across

47 studies. The AUC and Cmax were 51.31mg*h/L (95% CrI: 45.01, 60.28) and 2.19mg/L
48 (95% CrI: 2.06, 2.33), respectively. The ka and Kelim were 1.16h⁻¹ (95% CrI; 0.59, 1.76) and
49 0.052h⁻¹ (95% CrI; 0.045, 0.059), respectively, with corresponding absorption and
50 elimination half-lives of 0.60h (95% CrI; 0.38, 1.11) and 13.27h (95% CrI; 11.79, 15.42).
51 The oral clearance and volume of distribution were 2.04L/h (95%CrI 1.77, 2.32) and
52 39.19L (95%CrI; 36.58, 42.17), respectively.

53 Conclusions

54 A Bayesian meta-analysis was used to improve estimates of the standard pharmacokinetic
55 parameters of benznidazole. This data can inform clinicians and policymakers as access to
56 this drug increases.

57 Background

58 Chagas disease, also known as American trypanosomiasis, is a parasitic illness affecting
59 approximately 8 million people worldwide, with most cases found in continental Latin
60 America.(1); although increasingly recognized in developed countries outside the
61 traditional endemic area for vectorial transmission, due to migration and vertical
62 transmission in offspring of infected migrant mothers. Chagas disease is primarily
63 transmitted by the exposure to feces of infected triatomine bugs, also known as 'kissing
64 bugs'. Infection can also occur through means, such as mother-to-child transmission,
65 transfusion from the blood of an infected individual, through organ transplantation from an
66 infected donor or foodborne. During the acute phase of infection, patients tend to have a
67 variety of symptoms ranging from skin lesions and a swelling eye lid, to flu-like symptoms
68 including fever, headache, and muscle pain. Chronic infection with Chagas disease can lead
69 to more critical injury, with up to 30% of patients suffering from cardiac disorders and up
70 to 10% suffering from digestive or neurological symptoms. As injury to the cardiovascular
71 system progresses, Chagas disease can lead to sudden death or heart failure caused by
72 progressive destruction of the heart muscle and its nervous system.(2, 3)

73 Two drugs are currently used for the treatment of Chagas disease and have been shown to
74 be very effective if used early in the disease process. Benznidazole, a nitroimidazole
75 derivative and nifurtimox, a nitrofurantoin, both act on the parasite through the formation of
76 free radicals and/or electrophilic metabolites. Of these two drugs, benznidazole is the
77 preferred agent because of a lower incidence of side effects.(4-6) Recent evidence suggests
78 that benznidazole is also effective in the chronic phase of Chagas infection, although in a

79 randomized clinical trial treatment significantly reduced the detection of circulating
80 parasites but did not reduce cardiac clinical progression.(7, 8) Availability of both
81 treatments has been limited however, and Doctors Without Borders/Médecins Sans
82 Frontières reported major shortages of benznidazole in 2011 as the primary manufacturer,
83 Roche suspended production and transferred technology and license to LAFEPE labs, Brazil
84 in 2003.(9) Bayer has since renewed production of nifurtimox, while production of
85 benznidazole has been taken since 2012 by ELEA Argentina labs. Since 2014 ELEA started
86 a jointly project with Liconsalabs (Chemo group) in Spain which is currently under FDA
87 revision process. Recently, LAFEPE labs in Brazil announced the approval to their
88 benznidazole by the Brazilian regulatory agency. In 2011, a 12.5mg pediatric dosage form
89 (manufactured by LAFEPE and DNDi) was registered by the Brazilian Health Surveillance
90 Agency to further improve the treatment of pediatric Chagas disease.

91 With inconsistent availability of benznidazole throughout several countries, it is of critical
92 importance that basic pharmacokinetic data be available to both clinicians and policy-
93 makers to ensure evidence-informed decision making with regard to the drug approval
94 process. Thus, there is a requirement for a meta-analysis of studies of the pharmacokinetics
95 of benznidazole with special interest in the type of population studied (age, ethnic
96 background, dose and regimen).

97 The purpose of this study is to conduct a meta-analysis of pharmacokinetic studies in
98 an effort to improve the estimates of the basic pharmacokinetic properties of benznidazole.

99 Methods

100 Systematic literature search

101 A comprehensive search of the literature was conducted using Embase, Medline, and the
102 Latin American databases SciELO and LILACS. The Embase and Medline literature search
103 strategies were conducted using the OVID platform. The search was conducted on May 4,
104 2016 and the search strategy is provided in **Appendix A**. The scope of the systematic
105 literature review can be broken down into four components: Population, Interventions,
106 Outcomes, and Study design (**Table 1**).

107 Study selection and data extraction

108 A study investigator scanned all abstracts and proceedings identified by the literature
109 search that were potentially relevant in full-text. All citations selected for full text review
110 were then reviewed in detail to determine final eligibility status. For all eligible studies,
111 data on study characteristics, patient characteristics, and outcomes was extracted in
112 duplicate by two investigators. Discrepancies observed between the data extracted by the
113 two data extractors were resolved through discussion and, when discrepancies could not
114 be resolved, a third reviewer was consulted. Where measures were only available in
115 graphical format, the software DigitizeIt (Braunschweig, Germany) was used, when
116 possible, to extract the relevant data. When individual patient data (IPD) was available, this
117 was extracted preferentially to summary data. The following study characteristics were
118 extracted: author, year, journal/source, number of patients enrolled, study region, drug
119 dose, drug manufacturer, analytical method, inclusion/exclusion criteria. The following
120 patient characteristics were extracted: age, sex, weight, BMI, serum creatinine, and

121 creatinine clearance. The following outcomes were extracted: drug plasma concentration
122 according to time, summary parameters when no IPD was provided, including oral
123 clearance, oral volume of distribution, half-life, Cmax, Tmax, absorption and elimination
124 rate constant, AUC.

125 Meta-analysis

126 Traditional meta-analysis uses summary data of different studies, which are often obtained
127 from publications, to estimate parameters of interest. In this meta-analysis, data from
128 individual patients were synthesized, resulting in an IPD meta-analysis. The IPD approach
129 improves the quality of the data, the analyses and subsequently the reliability of the results.
130 In addition, the information from summary statistics was also integrated into an all-
131 encompassing meta-analysis. Given the complexity of the analysis, a Bayesian approach
132 was favored for its ability to deal with complex hierarchical models.

133 Analysis

134 Bayesian methods involve formal combination of a prior probability distribution (that
135 reflects a prior belief of the possible values of the model parameters) with a (likelihood)
136 distribution based on the observed data to obtain a posterior probability distribution of
137 model parameters.(10) The likelihood informs us about the extent to which different
138 values for the parameter of interest are supported by the data. A major advantage of the
139 Bayesian approach is that the method naturally leads into a decision framework.(10-12)
140 The posterior distribution can be interpreted in terms of probabilities (e.g. “There is an x%
141 probability that treatment A results in a greater response than treatment B”); frequentist
142 approaches do not allow such an interpretation.(13)

143 The averaged likelihood is necessary in order for the posterior to be a distribution. By
144 definition, the calculation of the averaged likelihood (and because of that the posterior
145 distribution) involves integration. This integration can become exorbitant, especially when
146 the parameter of interest is high dimensional. For years, the popularity of Bayesian
147 statistics suffered from the impracticable numerical integrations necessary to obtain the
148 posterior distribution. This changed after the introduction of Markov Chain Monte Carlo
149 (MCMC) techniques, which resulted in a rise in popularity of Bayesian statistics because it
150 provides a tool to get round the integration process. The most important and famous
151 MCMC methods include the Gibbs sampler(14) and the Metropolis-Hasting algorithm.(15)
152 The Gibbs sampler is based on the characteristic that the multivariate distribution is
153 uniquely determined by its conditional distributions and was used throughout these
154 analyses.

155 3.3.2 Pharmacokinetics

156 PK is a well-established field with many different models used to explain the absorption,
157 distribution and elimination of a drug within the blood stream. For this study, a single
158 compartment model was used with the following core equation used:

$$\text{Concentration} = \frac{F \times \text{dose} \times ka}{V \times (ka - kel)} (e^{-kel \times \text{time}} - e^{-ka \times \text{time}}) \quad (1)$$

159 Where ka is the absorption rate, kel is the elimination rate, F is the bio-availability and V is
160 the volume of distribution. It turns out that all of the parameters of interest can be
161 expressed as a function of the three parameters: ka , CL and V . The volume of distribution
162 (V) is the parameter that describes the tendency of a drug to distribute out of the blood into

163 the tissues. It represents the volume of plasma necessary to account for all the drug in the
 164 body. The elimination process is defined as the irreversible removal of drugs from the
 165 body. The elimination mechanism is best described by its parameter clearance (CL).
 166 Clearance is the theoretical volume of blood, which is effectively cleared of drug per unit of
 167 time. The formulas for the remaining parameters are as follows

$$k_{el} = \frac{CL}{V} \quad (2)$$

$$AUC = \frac{F \times \text{dose} \times k_a}{V \times (k_a - k_{el}) \times k_{el}} \quad (3)$$

$$T_{max} = \frac{1}{(k_a - k_{el})} \ln\left(\frac{k_a}{k_{el}}\right) \quad (4)$$

$$C_{max} = \frac{F \times \text{dose} \times k_a}{V \times (k_a - k_{el})} (e^{-k_{el} \times T_{max}} - e^{-k_a \times T_{max}}) \quad (5)$$

$$T_{a,1/2} = \frac{\ln(2)}{k_a} \quad (6)$$

$$T_{el,1/2} = \frac{\ln(2)}{k_{el}} \quad (7)$$

168 Thus, we used the PK model described in Equation (1) as the basis for the hierarchical
 169 model and derived the parameters in Equations (2)-(7) from the model parameters.

170 **3.3.3 Hierarchical modeling**

171 To discuss the modeling, let y_{ijk} be the k^{th} observation from the i^{th} individual from the j^{th}
172 study, with the corresponding time t_{ijk} . The 3x1 vector of pharmacokinetic parameters for
173 individual i in the j^{th} study by λ_{ij} . The first stage of the model was specified as:

$$p(y_{ijk}|\lambda_{ij}, \tau) = N(f_{ijk}, \tau^{-1}v_{ijk}) \quad (8)$$

174 where f_{ijk} is the pharmacokinetic model evaluated at time t_{ijk} with the individual PK
175 parameters equal to λ_{ij} and v_{ijk} is the residual error structure.

176 The second stage of the model was to model at the study level and was specified as:

$$p(\lambda_{ij}|\theta_i, \Phi) = MVN(\theta_i, \Phi) \quad (9)$$

177 Where $MVN()$ represents a multi-variate Normal distribution, θ_i (3x1) represents the mean
178 kinetic behavior of the i^{th} individual and Φ (3x3) is corresponding variance-covariance
179 matrix representing the within study variance.

180 The third stage of the hierarchical model represents the population parameter estimation
181 and was defined by making the following distributional assumptions:

$$p(\theta_i|\mu, \Omega) = MVN(\mu, \Omega) \quad (10)$$

182 where μ (3x1) is the mean value of the individual mean parameter vector θ_i and Ω (3x3) is
183 the corresponding variance-covariance matrix representing the between study variance.

184 The definition of the hierarchical model is completed by the specification of the fourth
185 stage, in which prior densities are assigned to the parameters. In particular, the variance-

186 covariance matrices are defined using a Wishart prior distribution, the population PK
187 parameters are given a multivariate Normal prior distribution, the residual variance factor
188 is defined using an inverse uniform distribution.

189 In addition to using a hierarchical model to account for the within individual and study
190 correlation, the model also used an adjustment for whether patients had had food or were
191 fasting. This was accomplished by having a regression adjustment on the absorption rate
192 parameter, such that ka was replaced by $(ka - \beta x)$ throughout equation (1). It was judged
193 that food would affect absorption, but not volume of distribution or clearance.

194 In order to integrate the summary statistics from four studies, the information was used to
195 create empirical priors for the clearance and volume. In this way, the analysis included a 5th
196 stage by which the information from summary statistics was first integrated and then
197 updated using the four hierarchical stages described above.

198 Data was analyzed in R (version 3.2.1). The Bayesian analyses were performed using a
199 Markov Chain Monte Carlo (MCMC) method as implemented in JAGS (version 3.4.0)
200 software package.⁽¹⁶⁾ A first series of 60,000 iterations from the JAGS sampler was
201 discarded as 'burn-in' and the inference was based on an additional 100,000 iterations
202 using two chains.

203 Results

204 Evidence base

205 A total of 462 citations were identified through the database search and through a hand-
206 search of the literature (**Figure 1**). Of these, 441 were excluded at the abstract-screening

207 stage. This resulted in 21 studies included in full-text screening. Of these, 12 were
208 excluded: one for an ineligible study design, seven for studying populations that could not
209 inform the primary analysis of interest (i.e. single dose pharmacokinetic analysis), two for
210 not including the intervention of interest, and two for not including the outcome of interest.
211 This resulted in a total of 9 studies that were included in the analysis.(17-25) There were
212 no single-dose PK studies of benznidazole in children. A table of the final list of included
213 studies is presented in **Table 2**.

214 The nine included studies were published or released between 1979 and 2016. One of
215 these studies was a secondary publication of data contained in a prior study, and was
216 therefore not included separately in the final data extraction sheets.(23) Three studies
217 contained individual patient level data from benznidazole 100mg single dose studies.(17,
218 20, 22) One was a published study(22), one was an unpublished trial report(17) and one a
219 PhD thesis(20), that also remained un-published and was obtained from the corresponding
220 University archives with authorization for the purpose of this analysis. Three studies
221 contained limited individual patient level data from multi-dose studies.(18, 20, 21) Of
222 these, only the study by Raaflaub(21) provided data pertinent to the primary analyses. One
223 additional study contained some further single dose summary data. This was a single dose
224 study of 25mg/kg in oncology patients.(24) A further two studies evaluated benznidazole,
225 using typical therapeutic doses, in a sample of patients with Chagas disease. These studies
226 provided some summary kinetic parameters that were available for incorporation as priors
227 into the final PK model.(19, 25)

228 Pharmacokinetic parameters

229 Nine pharmacokinetic parameters were estimated at the individual level, study level as

230 well as an overall estimate that included the use of empiric priors, when available. The

231 study-level and overall adjusted data along with 95% credible intervals are presented in

232 **Table 3.** The study-level and overall adjusted data along with 90% credible intervals are
233 presented in **Appendix B.**

234 *Area under the curve*

235 The overall AUC for the final 100mg dose model, including all the available data, was 51.31
236 mg*h/L (95% CrI; 45.01, 60.28). Only three studies informed this parameter.(17, 20, 22)
237 The consistency between studies was excellent, with little heterogeneity from the visual
238 assessment of the Forest plot (**Figure 2**). The Forest plot with corresponding 90% credible
239 intervals is shown in **Appendix B.** The 90% credible intervals of the individual studies all
240 fell within 80% and 125% of the overall estimate, suggesting acceptable heterogeneity. The
241 study presented in the thesis by Peregrina Lucano deviated the most from the overall
242 parameter estimate, but only by approximately 6 percent.

243 *Maximum plasma concentration*

244 The overall Cmax for the final 100mg dose model, including all the available, data was
245 2.19mg/L (95% CrI; 2.06, 2.33). As with AUC, the same three studies informed this
246 parameter. Although the variability in Cmax between studies was higher than for AUC, the
247 90% and the 95% credible limits of each of the individual studies remained between 80%
248 and 125% of the overall estimate. **Figure 3** shows the Forest plot for Cmax, and it can be
249 observed that heterogeneity was minimal, with the point estimates being contained in all
250 the credible intervals.

251 *Time to maximum plasma concentration*

252 The overall calculated Tmax was 2.93h (95% CrI, 2.57, 3.48). As with AUC and Cmax, only
253 the three primary studies informed this analysis. The Tmax was more heterogeneous

254 between studies than either AUC or C_{max}, but overall the variability is consistent with the
255 degree of variability seen within studies (**Figure 4**). The variability in T_{max} is primarily
256 associated with the absorption rate constant (K_a), which in turn is affected by a variety of
257 factors including the formulation administered and patient factors such as gastric emptying
258 and potentially food effects. Given a constant elimination rate constant, as K_a decreases
259 T_{max} will increase. Since K_a is inherently more variable and difficult to measure, there is
260 likely to be a higher degree of variability in parameters such as T_{max}, than in C_{max} or AUC.

261 *Elimination rate constant*

262 The elimination rate constant utilized the patient level data from the three primary studies,
263 but was further informed by two additional studies that provided summary (study-level)
264 data that could be incorporated as empirical priors into the Bayesian model.(21, 24) The
265 overall elimination rate constant was 0.052h⁻¹ (95% CrI; 0.045, 0.059). The study-level data
266 of the three primary studies was very consistent with the overall estimates as visually
267 depicted in **Figure 5**. The final estimate of the elimination half-life was 13.27h (95% CrI;
268 11.79, 15.42).

269 *Absorption rate constant*

270 The absorption rate constant was the parameter with a high degree of both within-study
271 and between-study heterogeneity (**Figure 6, Appendix B**). This was reflected in the wide
272 credible intervals at the study level and overall level estimates. The overall estimate was
273 1.16h⁻¹ (95% CrI; 0.59, 1.76), with a resulting absorption half-life of 0.60h (95% CrI; 0.38,
274 1.11). The study presented in the thesis by Peregrina Lucano differed the most from the
275 two other studies.

276 *Apparent volume of distribution*

277 The apparent volume of distribution was estimated and the overall results were
278 remarkably consistent with the results (**Figure 7**). Although summary data from two
279 additional studies(19, 25) was used to derive an empirical prior, the results remained
280 consistent. The overall apparent volume (V/F) was 39.19L (95%CrI; 36.58, 42.17).

281 *Apparent oral clearance*

282 The apparent oral clearance was also estimated utilizing empirical priors for two studies.
283 (19, 25) The overall clearance (Cl/F) was estimated to be 2.04L/h (95%CrI 1.77, 2.32),
284 fitting in well with the results from the three primary studies in which the apparent oral
285 clearance ranges from 1.95 to 2.10L/h. **Figure 8** shows the study-level Forest plot for
286 Clearance, with results consistent with each other and the overall estimate.

287 Discussion

288 This is the first meta-analysis of pharmacokinetic studies of benznidazole. Using a Bayesian
289 meta-analytic framework, all pharmacokinetic data relevant to the parameters of interest
290 for a single dose 100mg PK studies in adults were utilized, thereby producing better
291 estimates than could otherwise be derived using a typical frequentist framework. The
292 primary oral PK parameters of interest, including AUC, Cmax, Tmax, Kelim, Vd/F and Cl/F
293 showed remarkable consistency between the three primary studies providing patient level
294 data. Although at the individual level there was significant heterogeneity (i.e. within study
295 heterogeneity), the between study heterogeneity was modest, suggesting that each study
296 was estimating the population parameter reasonably well and further suggesting that the
297 use of meta-analytic technique to combine data is well justified. When available, additional

298 data from multi-dose studies and other single dose studies were used to provide empiric
299 priors to further strengthen the final parameter estimates. These data did not substantially
300 change any parameter estimates, further strengthening the reliability of these results.

301 An important consideration in meta-analysis is between study heterogeneity. The degree to
302 which heterogeneity influences the interpretation of results is often subjective and has
303 been widely debated.(26) With few meta-analyses of PK studies, the interpretation of
304 between study heterogeneity is even less well established. As the primary objective of this
305 meta-analysis was to improve the estimates of the oral PK parameters derived from a
306 single-dose studies, it must be the cases that the included studies actually be sufficiently
307 similar to be combinable. The acceptance criteria for bioequivalence by the Food and Drug
308 Administration is that the 90% confidence intervals of the mean AUC and Cmax for the test
309 formulation are within 80% and 125% of the reference formulation.(27) Taking the
310 reference formulation as the combined estimate and the test formulations as the individual
311 studies, the bioavailability criteria would be met with both AUC and Cmax. Furthermore,
312 heterogeneity, as visually assessed with the Forest plots, shows consistency between the
313 three primary studies for these outcomes, as well as the other pharmacokinetic
314 parameters.

315 This study is subject to several limitations. First, this study began with the assumptions of a
316 one-compartment model with first order elimination. While not a limitation *per-se*, it
317 assumed that prior studies done on the pharmacokinetics of benznidazole to determine its
318 basic kinetic properties were correct. A careful examination of the individual level data
319 presented in **Appendix C**, however, does confirm that the model reflects the data well.

320 Second, although a major advantage of this meta-analysis is the use of patient level data,
321 this data was collected over a period of more than 30 years, utilizing various populations, a
322 variety of formulations, and different analytic techniques for drug quantification in plasma.
323 However, given the consistency of our results despite these factors further strengthens that
324 subsequent studies on the pharmacokinetic characteristics of benznidazole would produce
325 similar parameter estimates.

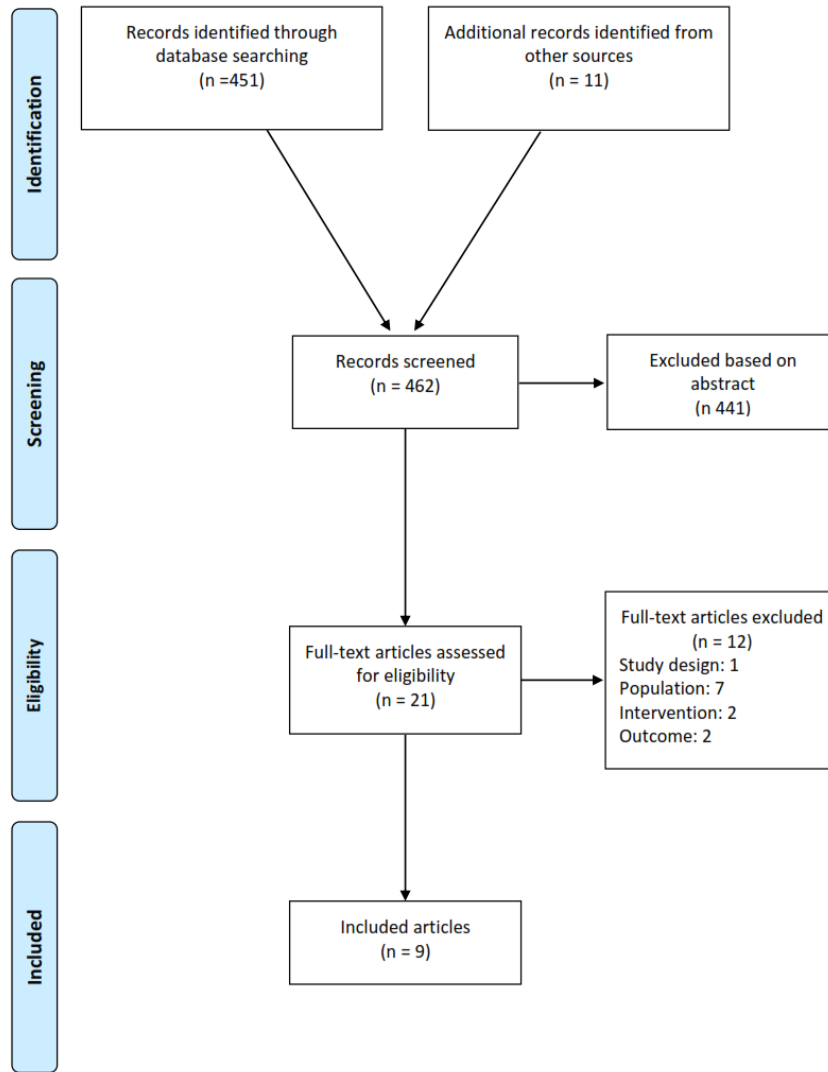
326 The treatment of Chagas disease, a paradigmatic case of a Neglected Tropical Disease,
327 suffers the lack of resources both at the research and implementation aspects; therefore,
328 new developments are scarce and there are plenty of unsolved aspects of the currently
329 available treatments. In view of these limitations, efforts in solving pieces of these
330 uncertainties through innovative validated analytic methods like this meta-analysis, helps
331 in the process of knowledge acquisition regarding drugs like benznidazol around which
332 clear clinical benefits have been observed in certain situations like acute infections and
333 vertical transmission, but not in others.(28)

334 While this meta-analysis addresses the single-dose pharmacokinetic parameters of
335 benznidazole in adults, these methods could also be applied to both existing pediatric data
336 and multi-dose data. The advantage of our Bayesian approach was its incorporation of
337 empiric priors into the final analysis. Using this approach, IPD multi-dose data, such as that
338 presented by Raaflaub (21), could be analyzed along with other population based PK
339 studies. Furthermore, utilizing the single-dose data derived in this meta-analysis, models
340 could be further improved by the incorporation of relevant PK parameters, not derived
341 from multi-dose studies.

342 In conclusion, this meta-analysis of pharmacokinetic studies has provided improved
343 estimates of the pharmacokinetic parameters under fasting conditions, of a single 100mg
344 dose of benznidazole in adults. The overall results reflect the individual studies from which
345 it was derived. These summary parameters can be used by clinicians and policymakers as
346 treatment of Chagas disease is scaled throughout Latin America.

347

348

Figure 1. PRISMA flow diagram of systematic literature search

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351 **Table 1. Scope of review in terms of PIOS criteria**

Population	Healthy population and patients with Chagas disease
Interventions	Benznidazole
Outcomes	In adults receiving a single 100mg dose of Benznidazole, the following outcomes will be evaluated: <ol style="list-style-type: none">1. Peak plasma concentration (C_{max})2. Time to reach C_{max} (T_{max})3. Area under the concentration-time curve (AUC_{0-t} and AUC_{0-∞})4. Apparent oral clearance (CL/F)5. Apparent oral volume of distribution (V/F)6. Elimination rate constant and half life7. Absorption rate constant and absorption half life
Study design	All trial types with PK evidence able to inform any of the above outcomes

352

353

354 **Table 2. Study characteristics of included studies**

Study ID	Title	Treatment duration (days)	N	Treatment	Analytical method	Drug manufacturer
Raaflaub et al, 1979(22)	Single Dose Pharmacokinetics of the Trypanosomicide Benznidazole in Man	1	6	Benznidazole 100mg (single dose)	Differential pulse polarography	Hoffman-La Roche & Co
Bronn et al, 2015(17)	A study to evaluate the food effect of a new formulation containing 100mg benznidazole. A monocentric, open, randomized, single dose, two-period crossover trial in healthy volunteers	1	18	Benznidazole 100mg (single dose)	LC/MS-MS	Laboratorios Liconsa S.A., Spain
Soy et al, 2015(25)	Population pharmacokinetics of benznidazole in adult patients with Chagas disease	56	49	Benznidazole 2.5mg/kg BID	HPLC	Elea Laboratory, Argentina
Raaflaub, 1980(21)*	Multiple-dose kinetics of the trypanosomicide Benznidazole in Man	25	8	Benznidazole 3.5mg/kg BID	Differential pulse polarography	Hoffman-La Roche & Co
Fernandez et al, 2016(18)	Pharmacokinetic and pharmacodynamic responses in adult patients with Chagas disease treated with a new formulation of benznidazole	60	6	Benznidazole (various doses)	HPLC	Elea Laboratory, Argentina
Peregrina Lucano, 2004(20)	Population Pharmacokinetics of benznidazole in Mexican patients with Chagas disease	1	11	Benznidazole 100mg (single dose) + 2.5mg/kg BID	HPLC	Roche
Bournissen, 2013(19)	E1224 pharmacokinetics report	60	45	Benznidazole 2.5mg/kg BID	NR	NR
Roberts et al, 1984	A Phase I study of the combination of benznidazole and CCNU in Man	various	11	Benznidazole 25mg/kg	HPLC	Hoffman-La Roche

355 * The study by Richle and Raaflaub(23) is not reported in this table since the relevant data
 356 is already included with Raaflaub, 1980(21)

357 NR: not reported; LC-MS: liquid chromatography-Mass spectrometry; HPLC: high
 358 performance liquid chromatography

359
 360
 361

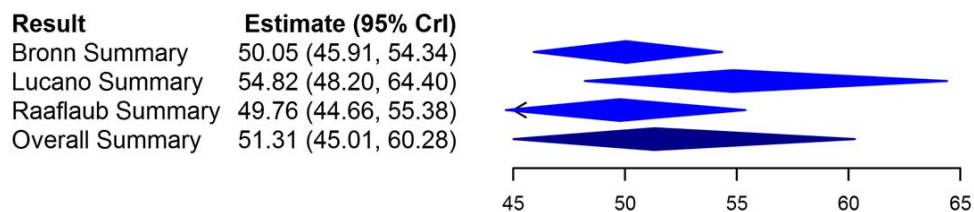
362 **Table 3. Final overall model pharmacokinetic parameters, reporting 95% credible**
 363 **intervals**

	Overall Mean (95% CrI)	Bronn, 2015 Mean (95% CrI)	Peregrina Lucano, 2004 Mean (95% CrI)	Raaflaub, 1979 Mean (95% CrI)
AUC (mg*h/L)	51.31 (45.01, 60.28)	50.05 (45.91, 54.34)	54.82 (48.20, 64.40)	49.76 (44.66, 55.38)
Cmax (mg/L)	2.19 (2.06, 2.33)	2.20 (2.06, 2.34)	2.11 (1.92, 2.29)	2.26 (2.09, 2.44)
Kel (h ⁻¹)	0.05 (0.04, 0.06)	0.05 (0.05, 0.06)	0.05 (0.04, 0.06)	0.05 (0.05, 0.06)
T _{1/2} (h)	13.27 (11.79, 15.42)	12.95 (12.03, 13.95)	14.02 (12.26, 16.66)	12.94 (11.84, 14.28)
Tmax (h)	2.93 (2.57, 3.48)	2.75 (2.41, 3.17)	3.65 (2.77, 5.27)	2.35 (1.92, 2.93)
T _{1/2abs} (h)	0.60 (0.38, 1.11)	0.59 (0.49, 0.72)	0.85 (0.58, 1.44)	0.47 (0.36, 0.64)
Ka (h ⁻¹)	1.16 (0.59, 1.76)	1.18 (0.96, 1.41)	0.82 (0.48, 1.20)	1.46 (1.08, 1.92)
V/F (L)	39.19 (36.58, 42.17)	39.16 (36.69, 42.04)	39.38 (36.79, 42.55)	39.04 (36.27, 42.01)
Cl/F (L/h)	2.04 (1.77, 2.32)	2.09 (1.93, 2.29)	1.95 (1.65, 2.23)	2.09 (1.87, 2.33)

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366 **Figure 2. Study-level Forest plot for AUC (mg*h/L)**

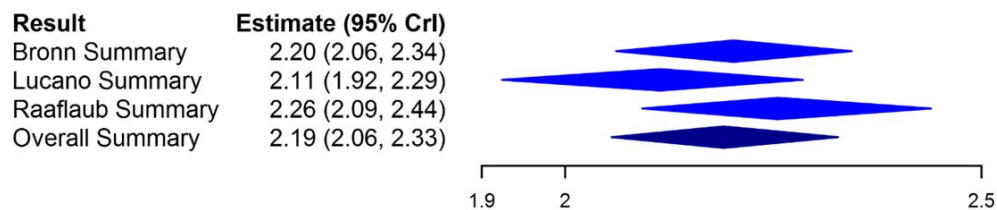
367 The mid-line of each estimate (row) represents the point estimate for the individual study (light blue) and the pooled
 368 estimate (dark blue). Each estimate extends to include the lower (left) and upper (right) bounds of the 95% credible
 369 interval. The small arrow at the ends of some of the estimates indicate that the credible interval extends slightly
 370 beyond the scale of the x-axis.



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373 **Figure 3. Study-level Forest plot for Cmax (mg/L)**

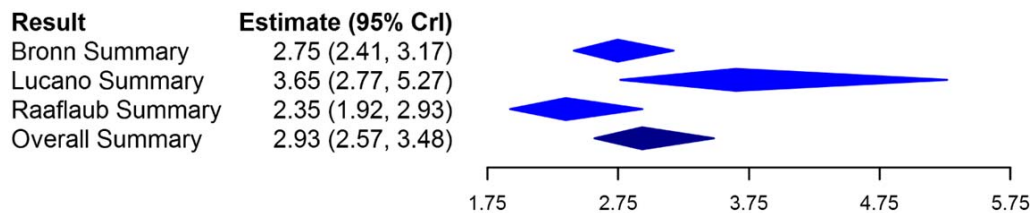
374 The mid-line of each estimate (row) represents the point estimate for the individual study (light blue) and the pooled
 375 estimate (dark blue). Each estimate extends to include the lower (left) and upper (right) bounds of the 95% credible
 376 interval.



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379 **Figure 4. Study-level Forest plot for Tmax (h)**

381 The mid-line of each estimate (row) represents the point estimate for the individual study (light blue) and the pooled
 382 estimate (dark blue). Each estimate extends to include the lower (left) and upper (right) bounds of the 95% credible
 383 interval.

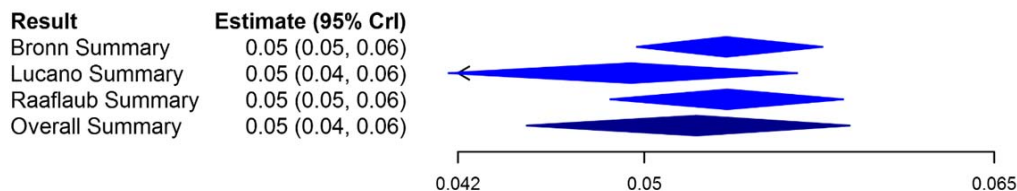


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386 **Figure 5. Study-level Forest plot for Kelim (h⁻¹)**

388 The mid-line of each estimate (row) represents the point estimate for the individual study (light blue) and the pooled
 389 estimate (dark blue). Each estimate extends to include the lower (left) and upper (right) bounds of the 95% credible

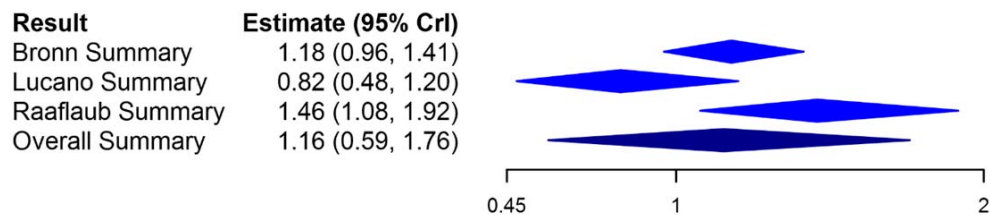
390 interval. The small arrow at the ends of some of the estimates indicate that the credible interval extends slightly
391 beyond the scale of the x-axis.



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Figure 6. Study-level Forest plot for K_a (h^{-1})

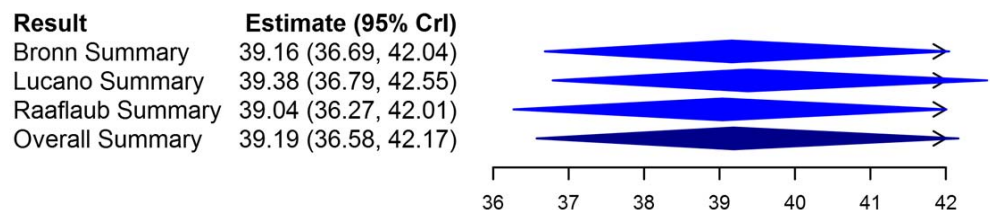
396 The mid-line of each estimate (row) represents the point estimate for the individual study (light blue) and the pooled
397 estimate (dark blue). Each estimate extends to include the lower (left) and upper (right) bounds of the 95% credible
398 interval.



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Figure 7. Study-level Forest plot for V_d/F (L)

404 The mid-line of each estimate (row) represents the point estimate for the individual study (light blue) and the pooled
405 estimate (dark blue). Each estimate extends to include the lower (left) and upper (right) bounds of the 95% credible
406 interval. The small arrow at the ends of some of the estimates indicate that the credible interval extends slightly
407 beyond the scale of the x-axis.



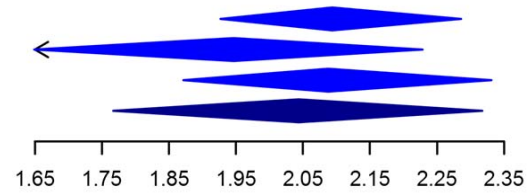
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Figure 8. Study-level Forest plot for Cl/F (L/h)

413 The mid-line of each estimate (row) represents the point estimate for the individual study (light blue) and the pooled
414 estimate (dark blue). Each estimate extends to include the lower (left) and upper (right) bounds of the 95% credible

415 interval. The small arrow at the ends of some of the estimates indicate that the credible interval extends slightly
416 beyond the scale of the x-axis.

Result	Estimate (95% CrI)
Bronn Summary	2.09 (1.93, 2.29)
Lucano Summary	1.95 (1.65, 2.23)
Raaflaub Summary	2.09 (1.87, 2.33)
Overall Summary	2.04 (1.77, 2.32)



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443 [document/shortage-benznidazole-leaves-thousands-chagas-patients-without](http://www.doctorswithoutborders.org/news-stories/briefing-document/shortage-benznidazole-leaves-thousands-chagas-patients-without). Accessed May 3, 2016.
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